Project Summary Pages Abbie Heller, Alexis Bova, and Hailey Rodgers Ste. Genevieve, Missouri Digital Stories for Change

Purpose:

• Our purpose was to show the students of our school the importance of having a plan as well as the benefits of having one.

• We want to show students that plans are important and can help everyone achieve their goals and reach success.

• Our goal is to reach multiple teachers, students, and other members of the community to show them the importance of a plan, but to also prove to them that things can work out even if the plan fails.

• We used the multiple video interviews to show multiple people's stories and how they worked out and how some peoples plans changed, and to also supply advice to those who are about to be going out on their own.

Relationship to FACS Areas:

• Our video "What If..." relates to two FCCLA National Programs which are "STOP the Violence" and "Leadership Service in Action".

• Our video relates to "STOP the Violence" because our goal is to reduce, or hopefully end, violent actions and comments in schools. With this it could make our schools a better and healthier environment for students to learn and grow. With this we can make better choices for life.

• Our video relates to "Leadership Service in Action" because we, as a group, took a lead in ending bullying by creating a video showing the effects bullying has on students. Along with us being leaders, our video also encourages others to be leaders by showing them how one simple act of kindness can put a positive effect on someone's day, or even life. We encourage people to be nice to everyone and to make good choices.

• Our video relates to the National FCS Content Standard 4.4 which states, "Demonstrate a safe, healthy learning environment for children" as we are trying to end bullying in our school and make all students feel comfortable and safe at their school. The more comfortable the students are the more likely they are to be happier. With happier and relaxed students hopefully there will be less bullying and harassing in schools.

• Our video also relates to the National FCS Competency 4.5.4 which states to "Implement strategies for constructive and supportive interactions between children and families".

Our point to the video is that if you're getting bullied you need to tell and adult and get help. With our video we hope that you find it easier to talk, or come to an adult with problems. Research:

• We added statistics to our video to show the true effects bullying has had on many people to show victims that they are not alone, and to show bullies that their actions have a major impact and they need to stop.

• Statistics:

 \circ We discovered that %92 of people don't achieve their goals, however the other %8 achieve theirs mostly by planning ahead and sticking to their plan.

We also discovered that having a strict business plan doubles your chance for success. Sources:

https://www.inc.com/marcel-schwantes/science-says-92-percent-of-people-dont-achieve-goals-heres-how-the-other-8-perce.html

https://smallbiztrends.com/2010/06/business-plan-success-twice-as-likely.html Background Information:

• Today less and less students graduate highschool with a plan for their futures, most will end up wasting their own money and time by taking the wrong courses and not being fully prepared for their future. This can cause stress, financial issues, and many more problems for the people who are about to start the beginning of their lives on their own, or with less help from their guardians.

• To make a change, our goal was to catch the attention of the people of our community and show them the advantages and benefits of having a plan and the effects that not having a plan can possibly have on your future.

• To raise awareness, our goal was to show our video to our FCCLA chapter during a meeting, and hopefully show our video to more students at our school, and more members of our community in the near future. The more the community and people know we can help them understand the importance of having a plan and how to keep one.

• Our video will develop a change by showing the positive impact making a strict plan and following it can have on your future and giving a little bit of advice to those who are about to go off on their own.