

The **purpose** of this project was to bring attention to the benefits of volunteering in your community as well as different opportunities and experiences that come with volunteering. Many don't understand or comprehend the importance of taking volunteering opportunities that are available to them. They don't see the benefits that it has for them and the community. We wanted to show this in our video about the good side of volunteering.

Community service/volunteering is a topic that impacts and relates to everyone, as well as relates to many different aspects of daily life; personal, professional, and the lives of those in your community. Two of the **National Standards for Family and Consumer Sciences** that this strongly relates to this project are 1.2.7: Demonstrate Leadership skills and abilities on school, workplace, and community settings; and 1.2.8: Analyze factors that contribute to maintaining a safe and healthy school, work and community environments. Volunteering in your community demonstrates many leadership skills, and help keep the environments that you are in safe and healthy. Volunteering also helps relationships with others, as well as helping with good character building. Helping out to make your community a better place by volunteering does more than meets the eye, creating a ripple of good that can spread.

Through our initial **research** pertaining to this topic, we found many things being repeated throughout many sources. We used sources such as college research sites talking about the effects that volunteering has on both the person volunteering and on the community that's being volunteered in. Other important sources that have been used to aid in our project are Prepscholar.com and Helpguide.org. Images that were not original are sourced on the works cited slide near the end of our digital story.

For **background information**, we looked at volunteering projects that have been done by the people around us, looking at their experience as well as our own. People who've volunteered in the past often say that they felt better afterward, and many of those that are helped were grateful. We wanted to bring how beneficial volunteering was to light through our experiences as well as the experiences of those around us.

Our main **goal** for this project was to bring awareness and inform people about how volunteering affects life. How it can benefit those around you as well as yourself. We wanted to show the positive effects that volunteering has on everyone involved. To give a more in-depth explanation of our goal, we'll use the SMART goal format:

S: Specific: We wanted to create a digital story to show our peers the positive effects of volunteering and met the requirements of the STAR Events.

M: Measurable: The video needed to meet all project requirements and components posted on the webpage.

A: Attainable: We broke the project into small steps; research, the script, the storyboard, needed documentation, editing, uploading, and video design. As well as splitting the project duties between the two of us.

R: Realistic: We worked together to get things together by deadlines and get the project done, as well as working in cooperation with our adviser.

T: Timebound: Our project deadline was February 1st.

We learned a lot about the benefits of volunteering, creating a digital story, and bringing the story into a completed video.